



Community Action Council



January 2025



January 2025

*2/11 Block leave 21 Dec 24-01 Jan 25

SUN	MON	TUES	WED	THU	FRI	SAT
			1	2	3	4
				11 th ABN DONSA		
			New Years	11 th ABN DIV Block Leave 21 Dec 24 - 05 Jan 25		
5	6	7	8	9	10	11
11 th ABN DIV Block Leave 21 Dec 24 - 05 Jan 25	Joint Newcomers					
12	13	14	15	16	17	18
	Joint Newcomers				11 th ABN DONSA	
					PACAF Family Day	
19	20	21	22	23	24	25
	Inauguration Day				ABW Quarterly Awards	
	MLK Day			JPMRC 23 Jan- 28 Jan		
26	27	28	29	30	31	
	Joint Newcomers					
JPMRC 23 Jan- 28 Jan						

MISSION OPS
 VISITS
 CEREMONY/SOCIALS
 COMMUNITY
 HOLIDAYS

February 2025

SUN	MON	TUES	WED	THU	FRI	SAT
						1
2	3	4	5	6	7	8
				CAC		JBER Military Appreciation Bowl a thon
9	10	11	12	13	14	15
	Joint Newcomers				11 th ABN DIV DONSA	
					PACAF FAMILY DAY	
16	17	18	19	20	21	22
	President's Day					
23	24	25	26	27	28	

MISSION OPS
 VISITS
 CEREMONY/SOCIALS
 COMMUNITY
 HOLIDAYS



Community Action Council



673 ABW Integrated Resilience Office (IRO)

Mr. Garry Berry
(907) 552-3764



Agile Arctic Combat Support



JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Family Day/DONSA

Current a/o: 9 Jan

January 2025

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Date	Time	Location	Event	Contact Number
9 Jan	Canx	Slides-Only	Community Action Council (CAC)	552-3642
10 Jan	1700-1900	7076 Chennault Ave (USO Center)	Hearts Apart: Family Games & Dinner Night RSVP at https://tockify.com/ibermfrc	552-4943/384-1517
11 Jan	1000-1400	Elmendorf Fitness Ctr	2025 Fitness Expo	552-9890
11 Jan	1100-1200	Moose Crossing Community Center (6991 Stevenson Ln)	JBER Community Connections Yoga Series Register at: https://www.signupgenius.com/index.cfm?go=s.signup&urlid=10C044EA9AB2CA5FF2-50450100-jber	552-7881
11 Jan	1100-1200	7076 Chennault Ave (USO Center)	Pokemon Club (USO)	907-406-1264
14 Jan	0900-1100	M&FRC, Rm 124 (4986 Zuckert Ave)	MONEY MATTER\$: 1st Duty Station Officers Financial Brief RSVP at https://tockify.com/ibermfrc	552-4943/384-1517
14 Jan	0900-1400	Virtual	Soldier Family Readiness Group (SFRG) Management RSVP at https://tockify.com/ibermfrc	552-4943/384-1517
14 Jan	1630-1800	7076 Chennault Ave (USO Center)	Family Fun Night (USO)	907-406-1264
15 Jan	0900-1200	M&FRC (4986 Zuckert Ave)	Bundles for Babies RSVP at https://tockify.com/ibermfrc	552-4943/384-1517
15 Jan	1000-1100	Kaladi Bros Coffee (6901 E. Tudor Road)	Coffee Connections (USO) https://register.uso.org/4111BMB7/4a3IQKIHZp	907-406-1264
15 Jan	1130-1300	Bldg 600, Rm A135	LinkedIn 101 RSVP at https://tockify.com/ibermfrc	552-4943/384-6716
17 Jan	1700-1800	7076 Chennault Ave (USO Center)	Family Bingo Night (USO)	907-406-1264
17 Jan	All Day	N/A	PACAF Family Day/11 ABN DIV DONSA	N/A
20 Jan	All Day	N/A	Martin Luther King, Jr. Day (Federal Holiday)	N/A





JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Family Day/DONSA

Current a/o: 9 Jan

January 2025

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Date	Time	Location	Event	Contact Number
21 Jan	1000-1130	AWEC	Community Action Team (CAT)	552-0644
22 Jan	0900-1030	M&FRC (4984 Zuckert Ave)	PCS from Alaska RSVP at https://tockify.com/jbermfrc	552-4943/384-6716
22 Jan	1130-1300	Bldg 600, Rm A135	Navigating USAJOBS RSVP at https://tockify.com/jbermfrc	552-4943/384-6716
23 Jan	1300-1600	4984 & 4986 Zuckert Ave	Military & Family Readiness Center (M&FRC) Open House	552-4943/384-1517
23 Jan	1730-1830	Glacier Hall 3rd Floor Kitchen (Bldg 7079)	Cooking for Wellness: Dorm/Barracks Friendly Class Register by 17 January at: https://www.signupgenius.com/index.cfm?go=s.signup&urlid=10C0B44A9AF29A1F9C25-52721769-dormfriendly	551-2361/552-7881
28 Jan	1630-1800	7076 Chennault Ave (USO Center)	Family Fun Night (USO)	907-406-1264
29 Jan	0900-1030	Virtual	Pre-Arrival Orientation RSVP at https://tockify.com/jbermfrc	552-4943/384-1517
30 Jan	1000-1100	Virtual	MONEY MATTER\$: Holiday Spending RSVP at https://tockify.com/jbermfrc	552-4943/384-1517
31 Jan	1100-1300	JBER Library (Bldg 7, 4th Street)	JBER Community Connections Plant Swap	552-7881





JBER Connect Calendar



Event/Activity

Battle Rhythm Meetings

Family Day/DONSA

Current a/o: 9 Jan

February 2025

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

Date	Time	Location	Event	Contact Number
19 Feb	1130-1300	M&FRC (4984 Zuckert Ave)	Intro to Building a Resume RSVP at https://tockify.com/jbermfrc	552-4943/384-6716
21 Feb	1300-1900	Warrior Zone 655 Richardson Drive	Arctic Community Health & Wellness Fair	384-8080
21 Feb	1700-1830	Frontier Theater	Arctic Community Town Hall	384-8080
21 Feb	1700-1900	7076 Chennault Ave (USO Center)	Hearts Apart: Family Games & Dinner Night RSVP at https://tockify.com/jbermfrc	552-4943/384-1517
22 Feb	0900-1200	M&FRC (4986 Zuckert Ave)	EFMP Mind & Body Wellness RSVP at https://tockify.com/jbermfrc	552-4943/384-1517
22 Feb	1300-1600	Polar Bowl 7176 Fighter Drive	JBER Community Connections - Cupid's Bowling Party Register by 15 February at: https://www.signupgenius.com/go/10C044EA9AB2CA5FF2-51794268-celebrating#/	552-7881
26 Feb	0900-1030	Virtual	Pre-Arrival Orientation RSVP at https://tockify.com/jbermfrc	552-4943/384-1517





Community Action Council



673 ABW Integrated Resilience Office (IRO)

Ms. Darmaly Williams
(907) 552-7881





Health & Wellness Fair



JBER organizations and helping agencies supporting the JBER community

Who: JBER - all are welcome

What: Arctic Community Health & Wellness Fair

When: 21 Feb from 1300-1900

Where: Warrior Zone - 655 Richardson Drive



Friday 21 February 2025
1300-1900

Warrior Zone- 655 Richardson Dr,
Joint Base Elmendorf-Richardson, AK 99505



Agile Arctic Combat Support





Arctic Community Town Hall



ARCTIC COMMUNITY TOWN HALL

Date: Friday, February 21st, 2025

Time: 1700 to 1830

Sponsored by: *

11th Airborne Division &
673 Air Base Wing Senior
Leadership

Let your voice be heard.

Location:

Frontier Theater
(2 Richardson Drive)



For more information email:
ArcticCommunityTownHall@army.mil



Agile Arctic Combat Support





Community Action Council



673 MDG Operational Support Team (OST)

Mr. Nathan Reed
(907) 552-1386



Agile Arctic Combat Support



OST Run Class



6 Week Run Class

Who: All AD Personnel

What: 6 week run class

When: First class starts 13 Jan

Group 1 M/W 1200-1300

Group 2 Tu/Th 0700-0800

Where: Hangar 5

Why: Avg. 2:20 taken off 1.5-mile time. Certified Strength and Conditioning Specialist led workout sessions to prep for fitness testing

How: Sign up via email:
matthew.a.andreadis.civ@health.mil

Questions: Email Coach Matt
matthew.a.andreadis.civ@health.mil

Future Classes:
13 Jan – 20 Feb 2025
24 Feb – 3 Apr 2025
7 Apr – 15 May 2025

[JBER OST SharePoint](#)





OST PFA Performance Training Program



- Who: All AD personnel, any training experience (novice → expert)
- What: Training for high performance
- When: Tu/Th 1200-1300
- Where: Hangar 5 - OST Gym Space
- Why: Certified Strength and Conditioning Specialist led workout sessions for overall fitness and performance
- How: Report to Hangar 5 OST office space
- Questions: Email Coach Matt matthew.a.andreadis.civ@health.mil



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Community Action Council



773 FSS/FSK JBER Life!

Debbie Manzur
552-5900



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Upcoming Events



Upcoming January 2025 FSS Events

EVENT	DATE	TIME	LOCATION
Thirsty Thursdays	Every Thurs	4 – 6 PM	PermaFrost Pub
Winter Break Special	Fri 3 Jan	4 – 8 PM	Polar Bowl
Wine & Paint	Fri 3 Jan	5:30 – 8:00 PM	Arctic Oasis
Frame Class	Sat 4 Jan	2 – 4 PM	Arts & Crafts
Girls on the Go!	Wed 8 Jan	11:30 AM or 17:30 PM	Auto Hobby
Dollar Day	Thurs 9 Jan	4 – 8 PM	Polar Bowl
XC Ski Lessons	Fri 10 Jan	12 – 2 PM	Outdoor Adventure Program
Fitness Expo	Sat 11 Jan	2 – 6 PM	Elmendorf Fitness Center
Clay Class	Sat 11 Jan	2 – 4 PM	Arts & Crafts
Marathon Movie Night	Sat 11 Jan	11 AM	Frontier Theater
Fintastic Pool Party	Sat 11 Jan	10:30 AM or 12:30 PM	Elmendorf Fitness Center
Rainbow Colored Headpin Night	Every Thurs	5 – 8 PM	Polar Bowl
Adult Nerf War	Fri 17 Jan	6:15 – 8 PM	Arctic Warrior Events Center
Bowling Bingo	Fri 17 Jan	4 – 8 PM	Polar Bowl
Paint "Welcome Signs"	Sat 25 Jan	2 – 4 PM	Arts & Crafts
Tag Team Tournament	Sat 25 Jan	3 PM	Polar Bowl
Country Night	Fri 31 Jan	8 PM – 1 AM	Warrior Zone
Comic-Con Family Dance	Fri 31 Jan	6 – 9 PM	Arctic Warrior Events Center



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Upcoming Events



Upcoming February 2025 FSS Events

EVENT	DATE	TIME	LOCATION
Preschool Story Time	Every Tues	10:30 AM	JBER Library
Thirsty Thursdays	Every Thurs	4 – 6 PM	PermaFrost Pub
Toddler Story Time	Every Thurs	10:30 AM	JBER Library
Blind Date with a Book	Sat 1 Feb	Various	Library
XC Ski Lessons	Fri 7 Feb	12 – 2 PM	Eagleglen Fitness Park
Arctic Warrior Olympics	Thurs 13 Feb	7 AM – 3:30 PM	Elmendorf Fitness Center
Intro to Ice Fishing	Fri 14 Feb	9 AM – 12 PM & 1 – 4 PM	Eagleglen Fitness Park
Fat Tire Bike Ride	Thurs 20 Feb	5 PM – 9 PM	Eagleglen Fitness Park
Pickeball Tournament	Start:Fri 24 Feb	1 PM	Both Fitness Centers
Racquetball Tournament	Start:Fri 24 Feb	1 PM	Both Fitness Centers
Snow Machine Ride	Sat 22 Feb	12 – 8 PM	Eagleglen Fitness Park



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Survey



- **Customer Feedback Survey**
 - We value your opinions and want to hear from you! Help us improve and make your JBER and MWR experience better by completing this short Survey!
- **Outdoor Recreation Century Survey**
 - Help us improve your experience with Outdoor Recreation Rentals, Outdoor Adventure Program, Summer and Winter Trips, Classes and workshops!



WE LOVE YOUR FEEDBACK!



Help us make **FSS/MWR** events and programs even better on JBER!



2 SURVEYS, ONE MISSION

Your Voice. Your Community.

Your ideas shape activities and services that support the well-being of our military community—your input makes a difference!

Scan the QR codes to take our quick surveys.

Together, we build better experiences, let your voice be heard.

TAKE SURVEYS NOW



SCAN ME

<https://rb.gy/oqven7>

CUSTOMER FEEDBACK SURVEY



SCAN ME

<https://rb.gy/awfmm3>

OUTDOOR RECREATION SURVEY

OUTDOOR RECREATION CENTER
4414 Pease Ave • 907.552.2022



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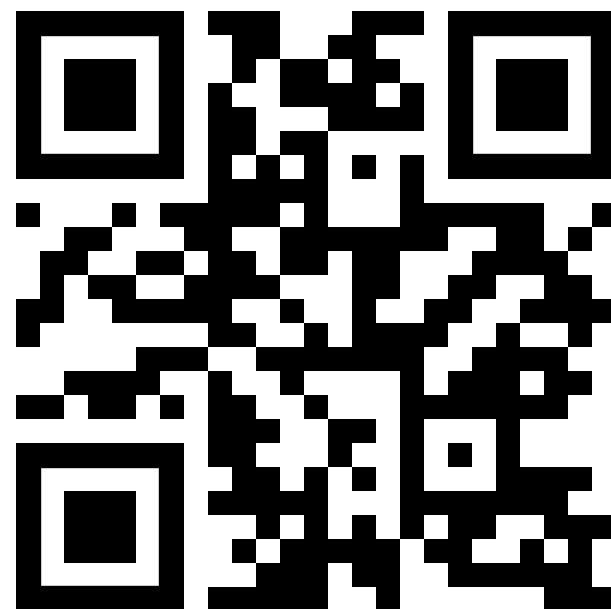




JBER Life



Stay updated on all things FUN!



VISIT US AT JBERLIFE.COM



Agile Arctic Combat Support





Hilberg



Hilberg Ski Lodge Now Open!!!
Manager- Pauladacy Tellez
Assist Man.- Jenna Olexa
907-552-4838

Ski Area Hours of Operation

Thurs & Fri 4:00 PM – 8:00 PM

Sat & Sun 10:00 AM – 6:00 PM

Holidays & School Breaks 10:00 AM – 6:00 PM

Skiing/Snowboarding

Tubing

Equipment Rentals

Ski and Snowboard Lessons

Snack Bar



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Arctic Oasis



Family Fun Arctic Oasis

17 Jan- Adult NERF Wars



Polar Bowl

7 Jan- 12 Days of Giving 50% off
17 Jan- Color Pin
18 Jan- Hyper bowling

Arts & Activities Arts & Crafts Jan 2025

4/8/22 - Framing Classes
10/18 - Glass Fusion Classes
11/15 - Clay molding Classes
17/25 - Paint Classes



Girls on the Go!

Wednesdays 11:30 & 5:50
Teaching automotive basics
For everyone behind the wheel

Look what's new!



Outdoor Recreation

17 Jan- Intro to Ice Fishing (OAP)
24 Jan- RECON XC Ski Beach Lake



JBERLife Membership

Sign-up in Advance

12 Jan- OAP Snowmachine adventure (OAP)
9 Jan- Glass Fusion Classes (A&C)
20-23 Jan- Free Tubing (Hillberg)
4/8 Feb- Clay Mushrooms (A&C)



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80's Family Dance Party



Arctic Oasis Premier Event! Back to the 80's Family Dance

- Jan 31st
- AWEC
- 6 pm – Snacks for all!
- 7 pm – 80's Trivia contest
- 7:30 pm – Bingo!
- 8 pm – Dance-off & games
- \$5 per person



3rd Annual JBER's Got talent!

- Sat 1 March
- 4 pm
- Talkeetna Theater
- All ages welcome
- Auditions begin 22 Feb
- Cash prizes for 1st-3rd place



For more information, call 907-

552-8528.



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Community Action Council



673 FSS/FSVS Fitness & Aquatics Manager Elmendorf Fitness Center

Ms. Savannah Ericksen
552-9890



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Fitness Expo



- Aerobics Demos
- Pool Party!
- Inflatables
- Games for All Ages
- Prizes!
- Food Trucks!

CONNECT WITH US!
 @ JBERLife

2025

FITNESS EXPO

SAT 11 JAN • 10 AM-2 PM

@ ELMENDORF FITNESS CENTER

Join us for a fun, family-friendly event at JBER!
 Enjoy inflatables, games, aerobics class demos, and explore info booths from local helping agencies.

- ▶ ALL AGES WELCOME!
- ▶ WIN PRIZES
- ▶ FAMILY FRIENDLY
- ▶ FREE ENTRY

ELMENDORF FITNESS CENTER
 9510 22nd St • 907.552.3624

DEFENSE FORCE
 SUPPORT SOLUTIONS
 JBERLIFE.COM



Agile Arctic Combat Support





Pool Party



- All Ages!
- FREE!
- Sign-Ups Start 23 Dec!
- Kid-Friendly Shark Theme

JOIN US FOR A
Fin-Tastic
POOL
Party

CONNECT WITH US!
f @ JBERLife

free
ALL AGES

SAT 11 JAN

2 Sessions

10:30 AM – 12:15 PM | 12:30 – 2 PM

SIGN UP OPENS MON 23 DEC!
ADVANCED REGISTRATION PREFERRED BUT NOT REQUIRED.

ELMENDORF FITNESS CENTER
9510 20th St • 907.552.3624

ELMENDORF-RICHARDSON
FORCE
JBERLIFE.COM



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Community Action Council



673 ABW/SEG Occupational Safety

Ann Marie Mills
Occupational Safety Tech



Agile Arctic Combat Support



January 2025

WINTER SAFETY AND RISK MANAGEMENT



Being equipped for cold weather in the Alaska is not optional.

Temperature:

Average temperatures are in the low 20s, with highs around 23°F and lows around 11°F.



Wind:

January is the windiest month of the year, with an average hourly wind speed of 6.5 miles per hour. Which creates windchills into the single digits.



Dress for the Weather:

Layer your clothing and include hats and gloves, And wear appropriate footwear.



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January 2025

WINTER SAFETY AND RISK MANAGEMENT



Slip Trip Fall:

STF accidents are among the most common source of injuries. Shovel or sweep snow and ice from sidewalks or walkways. Use sand, gravel or ice melt on top to provide extra traction. Maintain 3 points of contact when using Stairs.



Winter Fun:

Use the buddy system and know the weather conditions Prior. Take a lesson and have equipment professionally Fitted/adjusted. Ensure that you use your safety equipment Helmets and reflective gear.



Have a Plan:

Ensure someone knows when you leave and how long you Plan on being gone. Know Before You Go!!



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ASD Lottery Info



Anchorage School District (ASD) ~ Upcoming Lottery Information

- The Anchorage School District offers additional schools or programs outside the typical neighborhood school.
- The District utilizes a randomized lottery system to provide equal opportunity for all students who would like to participate in one of these alternative schools or programs.
- To participate in a school or program outside your child's neighborhood school, a lottery application must be submitted during the following application windows:



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ASD Lottery



Important dates for ASD Lottery:

- February 1, 2025, at midnight – Lottery opens for parents to submit applications.
- March 20, 2025, at 5pm – Lottery closes for applications
- March 21, 2025 – Lottery runs
- March 24-27, 2025 – Schools validate accepted and wait lists
- March 28, 2025, at 5pm – Parent notifications of Lottery results are released

(<https://www.asdk12.org/lottery>)



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STOPit



Anchorage School District Use of the STOPit Application

“STOPit empowers students to anonymously report online harassment, bullying, alcohol or drug use, depression, campus violence, school vandalism, or to help friends in need. The report goes directly to school administrators or counselors. STOPit is completely anonymous to help protect the reporter”. For more info about STOPit, please go to:

<https://www.asdk12.org/stopit>



Download today!



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Contact Info



JBER School Liaison Office Contact Information:

Holly Warners

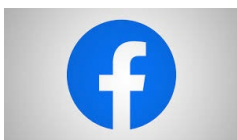
- ❖ Bldg. 600, JBER-R
- ❖ Room A140
- ❖ 907-384-7500 (office)
- ❖ 907-201-6387 (work cell)
- ❖ holly.warners@us.af.mil

Adele Daniels

- ❖ Bldg. 600, JBER-R
- ❖ Room A140
- ❖ 907-384-1505 (office)
- ❖ 907-201-6385 (work cell)
- ❖ adele.daniels.1@us.af.mil



Supporting Our Military Connected Students!



You can message us on
Facebook too!
@ JBER School Liaison Program



Agile Arctic Combat Support



Community Action Council



JBER Exchange (AAFES) General Manager

Keola Chan
552-4222
chank@aafes.com



**KNOW A VETERAN
TELL A VETERAN**

ALL honorably discharged Veterans are eligible to shop their military exchanges online, tax-free for life!

To share the news, visit shopmyexchange.com/vets



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JBER Exchange



EXCHANGE
YOU MADE
the
GRADE
you get the **REWARDS!**

X EXCHANGE \$20 REWARDS!	X EXCHANGE \$10 REWARDS!
Straight A students	Average B students

ENTER FOR A CHANCE TO WIN A
\$2,000, \$1,500 OR \$500 REWARDS! GIFT CARD!

See an Associate for details and entry forms.



Offered for grades K-12, if your child receives an A or B average, bring that report card to the customer service desk at the Main Store and receive a \$20 or \$10 gift card AND for the chance to win up to a \$2000 Gift Card nationally.

The Exchange Human Resources will represent AAFES at the 2nd Annual Mayor's City-Wide Job Fair. Thursday, January 23rd at the Dena'Ina Civic and Convention Center. 10:00am to 3:00pm

2nd Annual
Mayor's City-Wide Job Fair

Thursday, January 23, 2025 at the
Dena'Ina Civic & Convention Center

10:00 a.m. to 3:00 p.m.





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JBER Exchange



New to the Exchange:

- Find our new **Massage Chairs** outside the Elmendorf Barber shop.
- We have 2 new **KeyMe Kiosks** in the Main Mall Food Court and outside the Barber Shop in Fort Richardson Express.
- **Orlo Sturdevant** is our new **Main Store Manager**.

Visit shopmyexchange.com and enter for a chance to win **December 20 – January 17th**.



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JBER Exchange



NEW MILITARY STAR. ACCOUNTS

SAVE 10%

ON ALL FIRST DAY'S PURCHASES



APPLY NOW



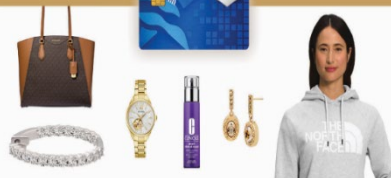
January 17-20

TAKE AN EXTRA
10% OFF*

CLOTHING, SHOE, HANDBAG, ACCESSORY,
FINE JEWELRY, FASHION JEWELRY, WATCH AND
SELECT BEAUTY PURCHASES WITH **MILITARY STAR.**

Beauty Includes: Cosmetics, Professional Hair Care and Hair styling tools only.

JANUARY 17 - 20, 2025

January 24-February 6

FULFILL YOUR ELECTRONICS WISHLIST

0% INTEREST

+ NO PAYMENTS*
FOR 12 MONTHS

ON SAMSUNG, LG, SONY & HISENSE
ELECTRONIC PURCHASES OF \$699
OR MORE WITH **MILITARY STAR.**

JANUARY 24 - FEBRUARY 6, 2025



EARN UNLIMITED 2%
REWARDS ON ALL PURCHASES**



Agile Arctic Combat Support





Hiring



We Are **HIRING** EXCHANGE



FOOD & RETAIL POSITIONS

*Subject to qualifications/requirements

Why work for us?

NO MILITARY AFFILIATION OR BASE ACCESS REQUIRED TO APPLY	ON-THE-JOB TRAINING & ADVANCEMENT OPPORTUNITIES	HIRING PREFERENCES FOR MILITARY SPOUSES AND VETERANS
--	---	--

applymyexchange.com
 Recruiting Office: (907)753-0232 X 6



Barbers Needed!

Both Elmendorf and Richardson barbershops

- Any State license accepted.
- Full/Part time and Management Positions available.



NOW HIRING DRIVERS!
 OUR DRIVERS EARN \$15+ /HR ON AVERAGE WITH TIPS AND MILEAGE!
 APPLY ONLINE AT JOBS.DOMINOS.COM

SCAN HERE



We are **HIRING**

OPEN POSITIONS:

- ✓ Carwash Attendee
 - Full time & part time positions
 - Must be 16+ years old
 - \$15 to start plus commissions
- ✓ Manager
 - Full time & part time positions
 - \$20 to start plus commissions

CALL OR TEXT US

+949.294.1873
 zrlc@yahoo.com



Next to: 



Agile Arctic Combat Support





Military OneSource Free Tax Services



**MILITARY
ONE SOURCE**

MilTax: 100% Free Tax Services for the Military

Take command of your taxes with free tax services:

- Easy-to-use software for FREE preparing and e-filing your taxes online.
- No hidden fees or surprises – MilTax is always 100% free.
- Free support from expert consultants trained in tax considerations for the military
- Made for military life. MilTax software accounts for everything from multiple moves to combat pay.



www.MilitaryOneSource.mil • 800-342-9647



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Yoga Series



JBER Community Connections Yoga Series
with Kate Yoga and Thai Bodywork

Who: JBER - all are welcome

What: Yoga and Thai Bodywork

When: 11 Jan from 1100-1200

Where: Moose Crossing Community Center

When: 8 Feb from 1100-1200

Where: Richardson Community Center

Contact the IRO with questions:

Email: 673ABW.CVB.Prevention@us.af.mil

Phone: (907) 552-7881



JBER COMMUNITY CONNECTIONS YOGA SERIES WITH KATE YOGA AND BODYWORK



11 Jan 2025
11 am - 12 pm
Moose Crossing
Community
Center

8 Feb 2025
11 am - 12 pm
Richardson
Community
Center



For more information,
e-mail
darmaly.williams@us.af.mil
Sign Up Required!



Agile Arctic Combat Support





Community Action Council



673 ABW/HC Installation Chapel Team

Chaplain Colonel Brian Anderson

Chaplain (MAJ) John McDougall

(907) 552-JROC (5762)

Bldg 4984



Agile Arctic Combat Support





SafeTALK Training

Suicide alertness for everyone



SIGN UP



safeTALK

suicide alertness for everyone

WHO:

ALL ACTIVE DUTY/DOD CIVILIANS

Visit LivingWorks.net for more safeTalk Info!

LOCATION:

MIDNIGHT SUN CHAPEL

TIME:

8AM-12PM

WHEN:

**EVERY 2ND AND 4TH THURSDAY
STARTING NOV 14**



Receive certification in Advanced Suicide Prevention Skills Training. Learn how to recognize when someone may be thinking about suicide and how to connect with them to provide immediate support, helping them stay safe and guiding them toward further assistance.



For more Info contact [JROC 673abw.hc.1@us.af.mil](mailto:JROC_673abw.hc.1@us.af.mil)



Agile Arctic Combat Support





Catholic Mass Schedule



JBER Catholic Community



2025 Weekly Mass Schedule

Sunday 0900 @ Arctic Warrior Chapel

Monday 1200 @ Heritage Chapel
(excluding Federal Holidays)

Tuesday 1200 @ AWC North Wing

Wednesday 1200 @ 673 MDG Chapel

Thursday 1200 @ AWC North Wing

1st Saturday of the month

0900 @ AWC North Wing

*For updates and cancellation notices, please follow JBER St. Michael the Archangel Catholic Community and JBER Chapel Community on Facebook.

QUESTIONS? CALL JROC AT 907-552-5762

Catholic Daily Mass

For updates and cancellation notices, follow JBER ST. Michael the Archangel Catholic Community and JBER Chapel community on Facebook

Questions? Call the JROC at 907-552-5762

- Wednesdays**
- 1200**
- JBER Hospital Chapel (Rm 2G-119)**



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Protestant Women of the Chapel



*"I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing."
John 15:5*

ROOTS to Fruit

Gospel Fluency Exercise
Semester Kick-Off

Protestant Women of the Chapel
January 22, 2025 10am Arctic Warrior Chapel

Extended Fellowship – Lunch Provided
Childrens Ministry 1yo -12 yo

For more information, contact the JBER Religious Operations Center at 907-552-5762



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Protestant Men's Ministry



PROTESTANT MEN'S MINISTRY PRESENTS

COMBOS & CARDIO 1 Corinthians 9:26



SIGN UP



Enjoy an action-packed night of fellowship, devotion, and refreshments after no-contact boxing-style cardio class

For more information, contact JBER Religious Operations Center at 907-552-5762

URL - <https://jber-religious-operations-center-431610.churchcenter.com/registrations/events/2633246>

Date: Friday, 31 January 2025

Time: 1800-1930

Location: Anchorage Grappling Academy
1300 E 68th Ave Unit 109, Anchorage, AK

Cost: Free

Spots Available: 20



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Armed Services YMCA



ARMED SERVICES YMCA

Armed Services YMCA Events Director

Erika Eifler
552-9622





Armed Services YMCA



The Armed Services YMCA enhances the lives of military members and their families in spirit, mind and body through programs relevant to the unique challenges of military life.

Contact us or schedule an appointment for services!

Main Office: Monday-Friday 0800-1700

Phone: 907-552-9622

Facebook Messenger: @AKASYMCA

Main Email: welcome.center@akasmca.org

After Hour Emergencies

Email: director@akasmca.org

For the most up to date information on what is happening now, check out our
Social pages @AKASYMCA



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Armed Services YMCA



Holiday and Winter Program Guide



Includes information on :

- Holiday programs
- Winter events
- Merry Breakfast Bundles
- Salute to the Military: Spouse of the Year and Bobby Alexander Civic Leader of the Year award nominations
- And MORE!

Available on our Website :
<https://alaska.asymca.org>



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Armed Services YMCA



Winter Spouse Retreat



Rest and recharge with our very first Winter Spouse Retreat! Enjoy friends, food, and fun activities with this daylong retreat. Registration open now! Open to active duty military spouses.



- Anchorage Area: cancelled
- Fairbanks Area: March 1 at Raven Landing Center
- Cost: \$80/person



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Armed Services YMCA



Salute to the Military

Tickets available now!

The 2025 Salute to the Military will be held February 15 in Anchorage. This event honors 13 junior enlisted service members selected by their command. We will also honor one civic leader and one military spouse. These two awards are peer-nominated.

Accepting nominations now through January 3rd.



Visit alaska.asymca.org to nominate an outstanding civilian or spouse for:

- Bobby Alexander Civic Leader
- Alaska Military Spouse of the Year



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Armed Services YMCA



Y on Wheels

GIVING YOU A LYFT

Y on Wheels for Military Families



The Armed Services YMCA of Alaska Y on Wheels program is for our active-duty military families on JBER. Using Lyft rides, this program offers freedom to active-duty military families by helping them get to medical appointments and recreational opportunities they would otherwise be unable to access.



Utilizing a Lyft Code, funds will be deposited into personal accounts. Riders have the freedom to travel from selected areas on base to any destination.

Details and Registration:

<https://alaska.asymca.org/y-on-wheels/>



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Armed Services YMCA



At the Armed Services YMCA of Alaska, children are happy and confident, secure and nurtured, and always learning and growing as they play, explore and interact.

The Armed Services YMCA of Alaska is now accepting waitlist applications for our 2024-2025 high-quality early education for 3 and 4 year olds! This half- day program provides developmentally appropriate early education to children of active duty service members. We work closely with children and their families to promote school readiness and self-sufficiency.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARN. GROW. THRIVE.

ASYMCA Early Learning Program

<https://alaska.asymca.org/early-learning/>

Location: Building 690- Annex
Program Basics:

- Experience Early Learning Curriculum
- 4 Year olds- MWF
- 3 Year olds- T/Th
- ½ day program- 8:30am start
- Registration ongoing throughout the year
- Spots available in all classes



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Armed Services YMCA



**ENSURE YOUR
ACCOUNT IS ALL SET
AND READY TO GO!**

Scan the QR Code to create or log in to your
ASYMCA Daxko account



**Register in Daxko for
access to all of our Events
and Programs!**



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Community Action Council



Military Society of Model Railroad Engineers

**Randy “Bj” Bjorgan
President**

**Gerald Forsyth
Vice President**

msmrre@gmail.com

facebook.com/msmrre



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MSMRRE



Military Society of Model Railroad Engineers

Home of the *North Star Railroad Empire* located in
Matanuska Hall, Building 7153 on Fighter Drive,
East End Basement Rooms

Regular Operating Hours:

Tuesdays: 1900 hrs. to 2130 hrs.

Saturdays: 1300 hrs. until you go home

Club is available 24 / 7 for members

~ Volunteer hours available for non-members ~



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M S M R R E



Monthly third Saturday Open House
Running trains, static displays, how-to
demonstrations, and swap tables

January 18th

10:00 a.m. To 5:00 p.m.



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MSMRRE



Visitors always welcome *anytime.*

Come, see, participate and enjoy the wonderful world of model railroading. The best way to use bad weather days when outdoor activities can't happen.



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North Star Railroad Train Sizes



N Scale : 1/1607



HO Scale : 1/87

2021.09.11.13.23



HO Scale : 1/87 ~ narrow gauge

2021.09.11.13.53



O Scale : 1/48

A "G" Scale : 1/29 layout is now under construction.



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North Star Railroad Scenery



Various scenes from four of our eleven permanent or portable layouts.



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Help Wanted:



- 1. Librarian**
- 2. Stockroom Attendant**
- 3. Tool Room Organizer**
- 4. Artistic Painters**
- 5. Model City Planners**
- 6. Model Builders**
- 7. Model Landscapers**
- 8. *People wanting to enjoy model railroading***



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